



Mom is Moving In – The Rewards, Concerns & Realities

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Checklist – What to consider before the move:

- I have consulted with Mom and explored all other options (senior housing, assisted living, smaller sized home or condo).
- I know about all the entitlements that Mom currently is receiving and if a move will affect those benefits.
- I have consulted with my parent's attorney or tax advisor on the implications of selling a home.
- We have met with an objective Professional Geriatric Care Manager regarding the impact of such a transition. We had an extended family meeting with all concerned.
- I have researched medical providers that will accept my Mother under her current insurance.
- I have space in my home that can be decorated or staged just like Mom's room in her current home. Safety considerations have been made to our home to accommodate age related changes.
- Mom and I have a harmonious relationship.
- Financial issues and sharing household expenses have been clearly discussed.
- Chores to be shared, if any, have been discussed.
- If Mom needs personal care, a plan has been structured that provides respite for me and Mom is in agreement with the plan.
- My Mother is aware I may be engaged in social functions that might not always include her.
- I have had a trial run and Mom has stayed with me for at least 3-4 weeks. There are no allergens in my home (pets, plants, food) and my Mother is comfortable with the weather in my area.

Your Quality of Life:

- My spouse and children are looking forward to Mom moving in.
- I will still be able to continue with all my normal activities, work & recreation, having ample time for my family and friends.
- This decision will not have a negative affect on my finances.
- We have room in our home and our living space will not be negatively impacted with another family member in our home.